Week One
Week Two
W/C : 6th Sep, 27th Sep, 18th Oct, 8th Nov, 29th Nov, 20th Dec, 10th Jan, 31st Jan, 21st Feb, 14th Mar, 4th April


| Macaroni Cheese (V) | Vegetables |
| :--- | :--- |
| Macaroni Pasta in a Cheese Sauce | Sweetcorn \& Peas |
| Veggie Bolognese (V) | For Dessert |
| Veggie Bolognese served with Wholemeal | Banana Marble Cake |
| served with Custard |  |
| Pasta |  |
| Jacket Potato with Baked Beans (V) |  |



| Beef Bolognese with Pasta | Vegetables |
| :--- | :--- |
| Beef Bolognese served with Pasta | Baby Carrots |
| Butternut Squash \& Tomato Bake (V) | For Dessert |
| Butternut Squash \& Tomato Bake | Apple \& Raspberry |
| Jacket Potato with Baked Beans (V) | Crumble with Custard |


|  | Chicken \& Vegetable Casserole <br> Chicken \& Vegetable Casserole served with | Vegetables <br> Savoy Cabbage |
| :--- | :--- | :--- |
| Mashed Potato | For Dessert |  |
| BBQ Beans (V) |  |  |
| Mixed BBQ Beans with Mashed Potato |  |  |
| Jacket Potato with Tuna Mayonnaise |  |  |$\quad$| Chocolate Orange |
| :--- |
| Brownie |


| Mild Chicken Korma | Vegetables |
| :--- | :--- |
| Chicken Korma served with Wholemeal Rice | Baby Carrots |
| Bean \& Vegetable Chilli (V) | For Dessert |
| Mixed Bean \& Vegatable Chilli served with | Vanilla \& Jam Muffin |
| Wholemeal Rice |  |
| Jacket Potato with Tuna Mayonnaise |  |
|  |  |



Vegetables Sweetcorn \& Peas
For Dessert Yoghurt
Wholewheat Pizza with a Tomato Sauce \& Wholewheat Pizz
Italian Vegetable Pasta (V)
Italian Vegetable Sauce served with Wholemeal Pasta
Jacket Potato with Baked Beans (V)

## Fish Fingers \& Chips

Oven Baked White Fish Fingers in Golden
Breadcrumbs with Ketchup and Chips Vegetable Curry (V)
Vegetable Curry served with Wholemeal Rice
Jacket Potato with Cheesy Coleslaw (V)

Vegetables
Garden Peas
For Dessert Chocolate Cookie

Ham \& Cheese Carbonara
Ham \& Cheese Carbonara Sauce served
with Wholemeal Past
Cowboy Pie (V)
Quorn Sausage mixed with Beans \&
Cheese and covered with Mashed Potat
Jacket Potato with Baked Beans (V)
Vegetables Savoy Cabbage \& Baby Carrots
For Dessert
Yoghurt

Beef Burger in a Bun
Beef Burger in a Bun with Ketchup \& Chips Quorn Burger in a Bun (V)
served with p and Chips Garden Peas For Dessert Raspberry Slice

## Week Three

W/C : 13th Sept, 4th Oct, 25th Oct, 15th Nov, 6th Dec, 27th Dec, 17th Jan 7th Feb, 28th Feb, 21st Ma

Pork Sausages with Mash
Vegetables Baked Beans For Dessert Carrot Cake
Vegetarian Sausages with Mash (V) Quorn Sausages served with Mashe教
Potato
Jacket Potato with Tuna Mayonnaise

| Chicken and Vegetable Pasta | Vegetables |
| :--- | :--- |
| Mild Herby Chicken \& Vegetables served | Sweetcorn |
| with Wholemeal Pasta | For Dessert |
| Vegetable Lasagne (V) | Lemon Drizzle Cake |
| Creamy Vegetable Lasagne |  |
| Jacket Potato with Baked Beans (V) |  |


| Roast Gammon with Gravy | Vegetables |
| :--- | :--- |
| Roasted Gammon served with traditional | Baby Carrots |
| Gravy and Roast Potatoes | For Dessert |
| Cauliflower Cheese (V) | Honey \& Raisin Cookie |
| Cauliflower Cheese served with Roast |  |
| Potatoes |  |
| Jacket Potato with Tuna Mayonnaise |  |


| Sticky BBQ Chcken | Vegetables |
| :--- | :--- |
| Sticky BBQ Chicken served with | Country Vegetables |
| Wholemeal Rice | For Dessert |
| Tomato \& Veggie Balls (V) | Yoghurt |
| Tomato \& Veggie Balls served with |  |

Tomato \& Veggie Balls (V)
Tomato \& Veggie Balls served with
Wholemeal Rice
Jacket Potato with Baked Beans (V)
Yoghurt

Fish Fillet
White Fish Fillet served with Ketchup and Mashed Potato
Plain Omlette (V)
Omlette served with Ketchup and Mashed
Potato
Jacket Potato with Grated Cheese (V)

Vegetables Garden Peas For Dessert Berry Muffin

Wholemeal bread is available daily. We offer Yoghurt or Fruit as an alternative
to the standard dessert

If your school is an online ordering school visit our website to book your meals:
www.dorset.mealselector.co.uk

For Medical Dietary requirements, please contact us at: BPDadmin@compassgroup.co.uk

## For Allergen

information please check the website: www.dorset.mealselector. co.uk

## F.A.Qs

## What is your website address?

www.dorset.mealselector.co.uk

## Please could you explain your cut off points?

To order meals on our website, the cut off point is always the Sunday (midnight) a full 7 days before the week starts.

## Can we make changes to our orders?

As long as your child's school accepts amendments then we can make changes to your order up to 72 working hours before the meal is to be served. e.g. if you need to change a meal on Friday you would need to contact the office before Tuesday 12:00 midday to ensure we can make the change.

## How do I contact you?

Please contact us on 01202691038 or by email BPDadmin@compass-group.co.uk

## Do you provide packed lunches for school trips?

We can provide a packed lunch instead of the hot school lunch for a school away day trip. We can automatically transfer hot lunches to packed lunches when we have been notified by your child's school. If you pay for school meals you can cancel your hot meal if you choose to provide a packed lunch for your child, otherwise we will automatically transfer the booked hot lunch to an away day packed lunch. Please contact us on 01202691038 or email us at
BPDadmin@compass-group.co.uk for enquiries.
Away day packed lunches consist of a cheese roll, cherry tomatoes, dessert of the day, a piece of fruit and bottled water.

My child has special dietary requirements, are you able to cater for them?
If your child suffers from an allergy or intolerance to any of the 14 listed EU allergens we are able to provide a nutritionally approved menu for them. Please contact us on 01202691038 or via email BPDadmin@compass-group.co.uk to discuss your child's needs.

## Did You Know...?

## If your Child is in KS1 they are Entitled to a Free School Meal

We just want to take this opportunity to remind you that if you have a child in Reception, Year 1 or Year 2 in England, your child is entitled to enjoy a school meal every day, for free!
Children in Year 3 and above may also be entitled to receive Free School Meals if parents are in receipt of financial support. You can find out more on the website: www.dorsetforyou.com/free-school-meals


$$
\text { There are } 3 \text { Meal Options Available Daily }
$$

There is a choice of 3 tasty options to choose from every day, the main option, a vegetarian option or the alternative option. You can pick and choose which days you have which option so it doesn't have to be one type all term and your child can always have their favourite! You can also change the booked meal option by accessing your online account and changing the option. If the week has been
'locked', contact us on 01202691038 ( 72 hour notice)
You Can Book a Whole Term's Meals in Advance
You can book your meals in advance so you don't have to remember to order weekly! This can be done weekly, bi-weekly, monthly or for the whole term in one go. Please try to select meal options with your child, they tend to enjoy the challenge of choosing their own meals! Remember, you can always go back in and change your options.

For more information please contact: Email: BPDAdmin@ compass-group.co.uk Tel: 01202691038


